

## Zarana Doshi : She made a living, now she is enlivening lives



Dr. Zarana Doshi

The *Jeevan Sanjeevani* Health Centre at Malad in Mumbai is inspired by Dr. (Ms.) Zarana, Doshi. It is based on the ancient medical system which was more in conformity of nature and used varied herbs. A wisdom which was lost in the mists of antiquity for the modern men/women. Through Dr. (Ms.) Zarana's creation of "*Jeevan Sanjeevani*" a health center for well-being in Mumbai, she established a vehicle for expansion of her healing approach using the integration of the best of western medicine with natural healing traditions of the East. The center, today, offers programs in mind-body medicine, yoga, self discovery, emotional wellness, meditation and personal empowerment. Through her intimate Relationship with numerous health care professionals in both conventional and complementary healing arts, Dr. (Ms.) Zarana's work is changing the ways the world views physical, mental, emotional, spiritual and social wellness.

Dr. (Ms.) Zarana, Doshi is master of *Kayakalp & Sanjeevani Vidyā*. She procured her masters in Gujrati literature and further trained herself as a "*Reiki Grand Master*", She pursued her doctorate degree in the field of Alternative Medicine Naturopathy Herbal & Home remedies. She is also a trained Medical Astrologer, Self Growth & Business Guru, Motivator, Family Counselor, Face Reader, Clairvoyant, Aura Healer, E.F.T Expert, Yoga Acharya, Life Coach, Prayer Healer, Food Designer, Zen Master, Corporate counselor & Socio-spiritual worker. Her international teleconferences, lectures and workshops are always applauded and are the events that draw serious truth seekers from near and far. Dr. (Ms.) Zarana, is highly sought after by VIP's, professionals, business tycoons, and laypersons for her profoundly insightful 'personal life' readings. Her

popularity and the growing demand for her unique and intuitive skills keep her schedule tight. Her loyal clients come from all walks of life; some even travel from far of countries only to seek her personal counsel.

### MELTING BOUNDARIES

Dr. (Ms.) Zarana Doshi defies all boundaries. She is ahead of political, religious, geographical and material distinctions. Her vision of life has a remarkably simple approach though her spiritual guidance is well blended with pragmatism. In all she guides on a way of life that has balanced all elements, especially blending inner spirituality with outer practicality.

Dr. (Ms.) Zarana, Doshi is a contemporary master who reflects upon everything from inner mysticism to religious idiosyncrasies and malpractices. She openly censures misinterpretation of scriptures and how these have been used as tools to keep people away from inner wisdom.

### GATEWAY TO DIVINITY

Dr. (Ms.) Zarana, shows humanity the path to divine evolution. She makes one realize the immense potential hidden in all of us to attain Buddha-hood. In the presence of Dr. (Ms.) Zarana, not only the body but also the mind is cleared of all the toxins and is ready for the higher realms of awakening.

### BIRTH AND CHILDHOOD

Dr. (Ms.) Zarana, was born on July 26, 1967 to a Jain family in Mumbai, in the state of Maharashtra in India. Her parents came from a typical middle class family. Seeing the beauty of this child who was born with a spotless stream of intuitive knowledge and love they called her "*Zarana*", meaning "*Perennial Flow*" of love, energy and compassion.

Dr. (Ms) Zarana was Naturally gifted from the very childhood and had inborn talents with inclination towards knowing the hidden secrets of

by reciting Vedic hymns and talking about truth of life. At tender age of nine Dr.(Ms.) Zarana would pose such questions before her school teachers and others that they would be surprised by her sharp intellect and deep insights into spirituality. Those around her felt it remarkable that a child of her age could ask such profound questions. As a child, her home was always visited by spiritually evolved people. She was being blessed by mystics and sages right at her home from the early childhood.

In addition to her many talents, she started accomplishing many poems and writing articles an early age. These poetic expressions came from the depth of her heart. They are her innocent offerings to the divine where the divine is seen as the beloved and sometimes as a friend.

### EARLY AGES

At an age of eleven, Dr.(Ms.) Zarana, who was born with her complete Self realization and knew from a very young age that she had a unique gift which had to be made available to all, had an otherworldly encounter that suddenly changed her life and shaped her future. She, then, could not stop herself to go and serve humanity in all possible ways.

It was clear in her early years at Mumbai's N.M college from where she received her M.A. degree in Gujrati literature that she was a multitalented personality. And This formed the background against which besides getting post-graduate in the worldly sense, she decided to become Traditional Reiki Grand Master in her teens and succeeded. She was born with a complete understanding of the human health & nervous system and its energy counterparts. In order to become acquainted with the scientific vocabulary attached to these subjects, she traveled through her teens in deepest part of Himalaya in search of hidden mystics, siddha-babas, and

enlightened rishis to obtain more practical knowledge and traditional secrets of Kayakalpa. Finally She completed her studies successfully in Naturopathy, Ayurveda, Homeopathy, Tibetan Science of Health etc. including psychology.

She has been a mentor, counselor and a guide to various people around her right from her schooldays. At the early age of fifteen, she went for a pilgrimage and was surrounded by admirers and seekers, it was not a surprise for the family. Dr. (Ms.) Zarana has continuously been educating and counseling individuals in need throughout the course of her life. Even at a young age, her deep understanding was evident to many college professors, colleagues, relatives and many friends who frequently sought her counsel on spiritual matters

### MARRIED LIFE

Dr. (Ms.) Zarana is married to a middle class Jain family in 1990, according to her parents wish but she proved herself again best to them and very soon she won the heart of her husband Mr. Sushil Doshi, (owner of a label manufacturing company) and their family. They realized her potential and capacity to trigger the awakening of spiritual power in human beings and to make them Independent. Her in-laws took her as their daughter as they did not have a biological one and allowed her to continue her work. Her husband too supported as a spiritual companion in her divine vision. Her destiny desired that she spread her wings far and wide so as to reach to the maximum number of troubled souls. Her husband decided not to become barrier in her path in any way. He was even willing to sacrifice fatherhood for the sake of noble endeavor.

### JEEVAN SANJEEVANI/BORN

She used to sit in meditation hours together to do deep self-inquiry to understand the co-relation between Mind, Matter & the Universe. One day suddenly a divine spiritual experience filled her whole being and she found an answer to her question. She discovered a historical process of en-masse Self Realization through which thousands of people could get this connection to their Spirit and thereby achieve inner transformation.

and concern to alleviate human sufferings, She associate with a number of NGOs (Non Governmental Organizations) to solve the most immediate problems of the world. She founded an organization called "**Jeevan Sanjeevani**" in 1998 at Mumbai.

### HISTORY OF "SANJEEVANI VIDYĀ"

In Hindu mythology, **Sanjeevani** is a magical herb which has the power to cure any malady. It is believed that medicines prepared from this herb can even revive a dead person. This herb is mentioned in the Ramayana when, during the battle with Ravana, Lakshmana was wounded and was nearly killed by Ravana's son Indrajit. Hanuman was called upon to fetch this herb from the mount Dronagiri in the Himalayas. to do. Vibhishana advised him to send Hanuman to fetch the revivification herb from the **Sanjeevani**. Hanuman immediately flew app glittering. Upon reaching the mount, Hanuman was unable to identify the herb and decided to lift the entire mountain and brought it to the battle-field.

Only experts knew about its identity. The knowledge of **Sanjeevani** was traditionally attuned and passed on as a difficult to obtain, secret and sacred Health Formula only to the trusted, devoted, determined and disciplined Disciples who were not even traditional Aayurvedic Doctors. These ancient expert Rishis and Gurus never revealed its secrets and mysteries to common man or even traditional doctors.

### THE BEGINNING

Traversing seamlessly from the ancient to the ultra-modern, Dr. (Ms.) Zarana bridges the gap between the known and the unknown, with the help of cutting-edge health technology with ancient wisdom, enabling all those who encounter her to explore and experience the deepest dimensions of healthy life. She is now acknowledged as a world-renowned health expert in the field of psychosomatic medicine and continues to transform our understanding of the meaning of health across all barriers



of class, creed, race, religion and nationality.

Being a theologian, She rediscovered all health secrets from ancient scriptures & being a sociologist, she gained essence of ideal health from studying culture, custom, caste, living and lifestyle of different major religions (Indian and abroad) e.g. Hinduism, Buddhism, Taoism, Jainism, Judaism, Zoroastrianism, Sikhism, Islam, Christianity, etc. and their respective philosophy & doctrines by consulting and taking trainings in depth from masters in various methods of care, cure and control of complete human health.

**sanjeevani Vidyā**, was a practice prevalent in India more than 5,000 years ago, she received her in-depth training in it, from various gurus e.g. Tibetan monks, Himalayan Yogis, Siddh-babas and enlightened Rishis. She contacted many professional health experts, Ayurvedacharyas, Nadi-siddhas, Hakims and doctors in varied disciplines including Allopathy and Homeopathy by traveling ceaselessly in search of true health secrets.

Belonging to no particular tradition, Dr. Zarana incorporates and presents what is most valid elixir for the life from the hidden nectar of y

health. Now she is well connected to all experts and masters of health under one roof through International charitable trust which would work as "one-stop-shelter" for any patient who could get a complete package solution not only through medication but also by meditation, prayer and healing. Therefore, a patient gets combo effect and right guidance on what to do in various situation. For example, he can be guided as to from where he/she could take Allopathic treatment when he/she could stop it and start on Ayurvedic systems etc. Similarly, one can stop taking Ayurvedic treatment and start **Sanjeevani** and further stop **Sanjeevani** and start self-healing i.e. natural self medicinal methods. Therefore, one starts becoming more and more independent gradually and with authentic guidance.

## THE MISSION & VISION

Owing to this **vidyā** in order to redeem obligations of the humanity, it was a vow that once trained; one would pass on the knowledge to three other people in the same field without charging any fee. Then the newly initiated people would follow the same custom and so on. Through this method of chain reaction and dedicated selflessness, Dr. Zarana Doshi and her team of doctors would spread the power of **Jeevan Sanjeevani** dispelling the sufferings of ailing beings and serving mankind and the society at large. If the vow is broken by default or the mis-conduct by any member, then the power of **sanjeevani** ceases to work at his hands.

Dr. Zarana's vision and understanding of modern health has saved & resurrected many from jaws

of death. Now the head of this ancient **sanjeevani** lineage, Dr.(Ms.) Zarana Doshi has treated thousands of people worldwide by forming **Jeevan Sanjeevani**, as it stands today. It is a living testimony to Dr. Zarana Doshi 's single-point agenda to the noble cause.

World Famous, Health Expert, Reformist & years of experience with excellence in training people to **Healthy Happy life**, Dr. Zarana Doshi personally attends, advices, assists, guides & treats every individual by giving them cent-percent, time-tested, authentic, pragmatic and economical solution to heal any acute or chronic disease effortlessly with ease.

These are the true traditional home remedies and natural herbal healing powers of the **Sanjeevani Vidyā** designed to give a healthy independent life without drugs or diseases. Dr. (Ms.) Doshi heals people with **No Operation No Reports No Diagnosis No Hospitalization No Heavy Exercises No Diet Control.**

## SPECIAL FEATURES OF TREATMENT

Besides the personal meetings DR. (Ms.) Doshi even heals people worldwide 'online' with easy consultation and counseling on phone, chat, e-mail or Tele conferencing.

With piece of little information or patient details, a person can be healed in few days miraculously.

Tailor made unique universal solution to progress on your path of life is provided without deviating from your religion, caste, culture, custom or society.

We make tough time smoother by giving freedom from feeling of guilt, grief, burden on family, fear, lack of confidence, self-



sabotage, negative thinking, suicidal tendencies.

"Sanjeevani" as a medicine for the treatment of all curable and incurable diseases, with a scientific approach, Time to time several examinations and investigations are based on the parameters of modern medical science and are needed to measure progress of the patient.

integrated system of treatment, consisting not only of the techniques of Sanjeevani but also of Yoga, Ayurved, Siddha for Surgery and Emergency cases, Allopathy, Homeopathy, Unani and Acupressure to sooth patients suffering from unbearable pain and get rid their disease/s.

Sanjeevani, is a treatment of Physical Body, Etheric Body, Astral Body, Mental Body and Causal Body beyond the present incomplete system of treatment for cure of physical body alone.

Experience the miraculous natural ancient herbal wisdom for modern man. Un-limited energy, health, youthfulness, immunity & dynamic stamina.

## PROJECTS

**Health Camp** - to Conduct Free Health Check up Camp

Spreading awareness by conducting Health & Healing Programs

Developing modern ways to accept healthy routines

Developing team support to reach each corner of the earth.

Imparting **Sanjeevani Vidyā** to worthy people who can serve humanity.



**"Herb Hunt"** - A Himalayan mountain expedition team to search and gain more knowledge of herbs in deep forest.

**"Unihealth"** - to develop one roof under which experts from all over the world can study critical cases and give their opinions, suggestions and ideas to get rid of any chronic disease/s without any monetarily expectation.

**Call Centre** - for taking continued follow up of patient and maintain constant touch with them to cater to their needs.

**Back up office** - to keep the data base and history of patient and the case study and the process of healing for future reference.

**Fake Food Awareness Camp** - to save people from diseases having origins in food adulteration.

**Self Growth & Motivation Camp** - to regain lost self-confidence and winning attitude.

**Wonder Child** - To allow every child to grow his/her full potential.

**Prayer Healing** - A workshop to pray and get healed.

Medicines to be provided at a special discount rates to the poor and needy so as to enable them to avail of this treatment. A poor person falling victim to a disease and not having access to medical attention owing to his economic condition alone goes against the tenets of humanity.

Research on medicinal plants is being carried out. The information about medicinal properties of plants will be made available to farmers on a non-profit basis. Farmers will be informed & educated about cultivation

of medicinal plants. Seminars, symposium etc. would be organized this basis.

#### CONTACT

Dr. (Ms.) Zarana, Doshi is sending open invitation to all, to understand and live natural, Successful, balanced & equanimous life through combination of medication & meditation totally free of cost. For more details & personal guidance, advice, counseling, Consultation, Cure, treatment & free health camp contact immediately Dr. (Ms.) Zarana, Doshi at 501, Madhuvan, Jitendra Cross Road, Malad (East), Mumbai 97.

Contact No.: 9867716015.

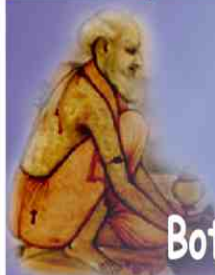
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First come first basis.

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**No Reports ★ No Diagnosis ★ No Operations ★ No Hospitalisation.**



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World Famous, Health Expert, Reformist & Botanist years of experience with par excellence in



Caring, curing & Controlling people to Healthy Happy life, by giving 100% time tested authentic practical solution to heal any acute, chronic disease effortlessly & economically with Easy, true traditional home remedies & natural herbal healing Power of Sanjeevani Vidyâ for healthy independent life without Drug & Diseases.

**Traditional Reiki Grand Master & Independant Teacher Of Reiki Master of Kayakalp & Sanjeevani Vidyâ, M.A (Guj), Practioner of Alternative Medicine, ND Naturopathy, Herbal & Home remedies, Medical Astrologer, Self Growth & Business Guru, Aura Healer, Master Motivator, Family Counselor, Face Reader, Clairvoyant, E.F.T Expert, Yoga Acharya, Life Coach, Food Designer, Prayer Healer, Zen Master, Corporate Counselor & Socio-spiritual worker.**

**"We Challenge Limits"**